



Visit [NidraRLS.com](https://www.nidra.com)
 ☎ 866-EASE-RLS
 ✉ support@noctrixhealth.com



Safe

Zero serious device-related adverse events reported at 6+ months^{2,3}



Effective

91% of patients reported improvements in RLS²



Rapid Relief

82% of patients reported symptom relief during or after a 30-minute treatment⁴



Other Noctrix Services

- Personalized support at every step
- Self-help and continued education materials
- 3-year warranty & 45-day return policy

IMPORTANT SAFETY INFORMATION

Contraindications

The NTX150 TOMAC System is contraindicated for use in patients with the following:

- Diagnosis of epilepsy or other seizure disorder.
- Active medical device implant anywhere in the body, including but not limited to pacemakers, spinal cord stimulators, deep brain stimulators.
- Metal implant in the leg at the therapy site (not including knee replacements).
- Known allergy to device materials (or severe previous reaction to medical adhesives or bandages)
- Cellulitis, open sores, or injury at or near the location of therapy device application.

The device cannot be used while driving, operating machinery, or during any activity in which electrical stimulation can put the patient at risk of injury.

Potential Complications

There is a potential for the following side effects, which are typically mild to moderate and resolve over time:

- Mild skin irritation from use of adhesives.
- Temporary interference with sleep while wearing the device. For some people, the device may be uncomfortable.

- For others, the device may interfere with preferred sleep positions, thus interfering with sleep during usage. Proper use of the device as described in the Instructions for Use (IFU) can help reduce or prevent the following complications: Discomfort, paresthesia (tingling or prickling sensation), or otherwise irritating or uncomfortable sensations during treatment. This risk is reduced by adjusting the stimulation intensity. For additional information, please see the full Instructions for Use.

INDICATION

The NTX150 Tonic Motor Activation (TOMAC) System is intended to reduce symptoms of primary moderate-severe Restless Legs Syndrome and to improve sleep quality in adults refractory to medications.*

Rx Only. Caution: Federal law restricts this device to sale by or on the order of a medical professional.

⁴ Noctrix Health. Data on File. CL-10 Report, Analysis of acute relief from NTX100 TOMAC.

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nidra™

Not *another* pill. Just proven RLS relief.

Nidra is the first and only **drug-free therapy** that is **clinically proven** to reduce symptoms of Restless Legs Syndrome

Introducing Nidra



- ✓ **Drug-free**, wearable and sleep-compatible
- ✓ **Personalized** to the needs of each patient
- ✓ **On-demand** RLS relief with the touch of a button

Nidra is **drug-free** and **clinically proven** to alleviate symptoms of primary moderate-severe Restless Legs Syndrome in adults refractory to medications.

→ **Which patients are refractory?** Any that have failed monotherapy.

How Nidra works:

Nidra uses a novel technology called Tonic Motor Activation (TOMAC) therapy to stimulate the nervous system and reduce symptoms of RLS.

- 1 **Non-invasive** peroneal nerve stimulation activates afferent neural pathways
- 2 **Neural response** evokes tonic muscle activity in the lower leg



Sustained and sleep-compatible tonic muscle activation **relieves RLS symptoms** by engaging the same neural pathways as voluntary leg movements.

In the newly updated American Academy of Sleep Medicine (AASM) clinical practice guidelines for RLS, the use of TOMAC has been recognized with a favorable recommendation for its effectiveness in reducing symptom severity in patients with RLS.¹

1. Winkelman J, et al. J Clin Sleep Med. 2024; <https://doi.org/10.5664/jcs.m.11390>

Lasting symptom relief with clinically-proven results

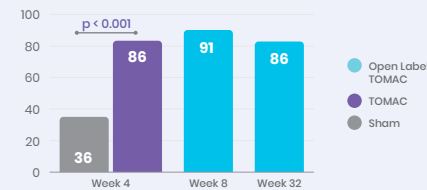
The efficacy and safety of TOMAC therapy were evaluated in a multi-center, randomized, sham-controlled clinical trial and a subsequent 6-month extension study.^{2,3}

Relief for RLS symptoms

↑ **91%** of patients reported improvements in RLS symptoms at 8 weeks²

After 32 weeks, 86% of patients continued to report improvements in RLS symptoms

Percent of patients reporting improvement

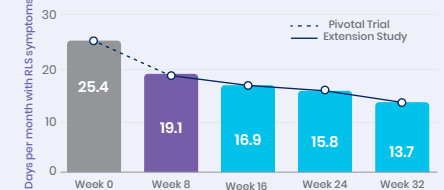


More symptom-free days

↑ **11.7** additional symptom-free days per month³

Therapy resulted in a significant increase of days without RLS symptoms

Decrease in frequency of symptoms



Prescribing Nidra is easy

Submit the completed prescription to Rx@NoctrixHealth.com or fax to 925-660-0115.

Noctrix takes care of the rest



Approval

After we receive the prescription, our dedicated team helps your patients navigate the insurance process.



Personalization

Each patient completes a Personalized Activation session to customize their therapy settings.



Onboarding

Noctrix provides comprehensive training and onboarding support during the first 45 days of therapy.

2. Bogan RK, et al. Sleep. 2023;46(10).

3. Roy A, et al. Sleep. 2023;46(10).